

2024 OUTPATIENT THERAPY OUTCOMES

We are pleased to report that we treated and discharged 6095 adult patients from our five Willis Knighton Outpatient Rehabilitation Centers in 2024. Ninety-six percent (96%) of all patients returned to independent living in the home, work, or school environment after completing therapy. We are proud to report that ninety percent (90%) of patients surveyed rated their experience as excellent, ninety-nine percent (99%) indicated they would return to a Willis Knighton Outpatient Rehabilitation Center if needed in the future, and ninety-eight percent (98%) said they would recommend our services to their family and friends.

Outcomes are provided for all disciplines treating the patient:

Physical Therapy (PT), Occupational Therapy (OT) and Speech Therapy (ST)



2024 OUTPATIENT THERAPY OUTCOMES

We are pleased to report that we treated and discharged 286 pediatric and adolescent patients with non-developmental diagnoses from the Willis Knighton Rehabilitation Institute, Willis Knighton Bossier, Willis Knighton Palmetto, Willis Knighton Pierremont, and Willis Knighton South Outpatient Rehabilitation Centers in 2024. Of the 286 patients served, 19 (7%) were between the ages of 5 and 10 years old, 76 (27%) were between the ages of 11 and 14 years old, and 191 patients (66%) were between the ages of 14 and 17.

In addition, 233 pediatric and adolescent patients with developmental diagnoses were treated and discharged from the Willis Knighton South Outpatient Pediatric Rehabilitation Program in 2024 (see separate Pediatric Therapy Outcomes).



Neck & Back Pain

1492 patients were treated in 2024



446 Males (30%)



77% of patients completed treatment



99% of patients returned to independent living, work, and/or sports



1046 Females (70%)



of sessions: 11 (average)



100% of patients met at least one of their goals



Average age: 58



4 unplanned transfers to the hospital



100% of patients surveyed were satisfied with the care they received.

Spine Surgery: Cervical, Thoracic and Lumbar

156 patients were treated in 2024



61 Males (39%)



83% of patients completed treatment



98% of patients returned to independent living and/or work



95 Females (61%)



of sessions: 22 (average)



100% of patients met at least one of their goals



Average age: 61



0 unplanned transfers to the hospital



99% of patients surveyed were satisfied with the care they received.



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Lower Extremity Pain: Hip, Knee & Ankle

1061 patients were treated in 2024



281 Males (26%)



79% of patients completed treatment



99% of patients returned to independent living, work, school and/or sports



780 Females (74%)



of sessions: 11 (average)



100% of patients met at least one of their goals



Average age: 53



2 unplanned transfers to the hospital



100% of patients surveyed were satisfied with the care they received.

Lower Extremity Surgery: Hip, Knee & Ankle

658 patients were treated in 2024



267 Males (41%)



85% of patients completed treatment



99% of patients returned to independent living, work, school and/or sports



391 Females (59%)



of sessions: 17 (average)



100% of patients met at least one of their goals



Average age: 56



0 unplanned transfers to the hospital



100% of patients surveyed were satisfied with the care they received.



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Upper Extremity Pain: Shoulder, Elbow, Wrist & Hand

896 patients were treated in 2024



326 Males (36%)



78% of patients completed treatment



99% of patients returned to independent living, work, and/or sports



570 Females (64%)



of sessions: 10 (average)
PT – 11, OT – 8



100% of patients met at least one of their goals



Average age: 54



0 unplanned transfers to the hospital



100% of patients surveyed were satisfied with the care they received.



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Upper Extremity Surgery: Shoulder, Elbow, Wrist & Hand

659 patients were treated in 2024



252 Males (38%)



84% of patients completed treatment



99% of patients returned to independent living, work, school and/or sports



407 Females (62%)



of sessions: 15 (average)
PT – 18, OT – 9



100% of patients met at least one of their goals



Average age: 57



0 unplanned transfers to the hospital



100% of patients surveyed were satisfied with the care they received.

Lymphedema

413 patients were treated in 2024



105 Males (25%)



85% of patients completed treatment



92% of patients returned to independent living and/or work



308 Females (75%)



of sessions: 5 (average)
PT – 5, OT – 4



100% of patients met at least one of their goals



Average age: 66



1 unplanned transfers to the hospital



100% of patients surveyed were satisfied with the care they received.

CVA / Stroke

242 patients were treated in 2024



133 Males (55%)



88% of patients completed treatment



84% of patients returned to independent living and 16% returned to assisted living



109 Females (45%)



of sessions: 36 (average)
PT – 35, OT – 38, ST – 35



100% of patients met at least one of their goals



Average age: 63



4 unplanned transfers to the hospital



100% of patients surveyed were satisfied with the care they received.

Neurological Disorders

155 patients were treated in 2024



81 Males (52%)



85% of patients completed treatment



91% of patients returned to independent living and 9% returned to assisted living



74 Females (48%)



of sessions: 21 (average)
PT – 22, OT – 21, ST – 13



100% of patients met at least one of their goals



Average age: 55



1 unplanned transfers to the hospital



100% of patients surveyed were satisfied with the care they received.



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Pelvic Floor Disorders

120 patients were treated in 2024



5 Males (4%)



100% of patients completed treatment



100% of patients returned to independent living



115 Females (96%)



of sessions: 8 (average)



100% of patients met at least one of their goals



Average age: 54



0 unplanned transfers to the hospital



100% of patients surveyed were satisfied with the care they received.



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Gait and Balance Disorders

73 patients were treated in 2024



22 Males (30%)



84% of patients completed treatment



98% of patients returned to independent living



51 Females (70%)



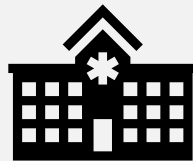
of sessions: 15 (average)



100% of patients met at least one of their goals



Average age: 74



0 unplanned transfers to the hospital



97% of patients surveyed were satisfied with the care they received.

Vestibular Disorders

46 patients were treated in 2024



11 Males (24%)



78% of patients completed treatment



100% of patients returned to independent living, work, school and/or sports



35 Females (76%)



of sessions: 12 (average)



100% of patients met at least one of their goals



Average age: 66



0 unplanned transfers to the hospital



100% of patients surveyed were satisfied with the care they received.

Brain Injury

32 patients were treated in 2024



14 Males (44%)



75% of patients completed treatment



88% of patients returned to assisted living and 12% returned to independent living, work and/or school



18 Females (56%)



of sessions: 26 (average)
PT – 26, OT – 21, ST – 27



100% of patients met at least one of their goals



Average age: 48



0 unplanned transfers to the hospital



100% of patients surveyed were satisfied with the care they received.

Speech and Voice Disorders

38 patients were treated in 2024



14 Males (37%)



87% of patients completed treatment



100% of patients returned to independent living in the home, work, and community



24 Females (63%)



of sessions: 5 (average)



100% of patients met at least one of their goals



Average age: 66



0 unplanned transfers to the hospital



100% of patients surveyed were satisfied with the care they received.



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